

MAX FAC  
**OURGE**  
THE OMFS NEWSLETTER '21

ASSOCIATION OF MAXILLO FACIAL SURGEONS OF INDIA  
TAMILNADU STATE BRANCH



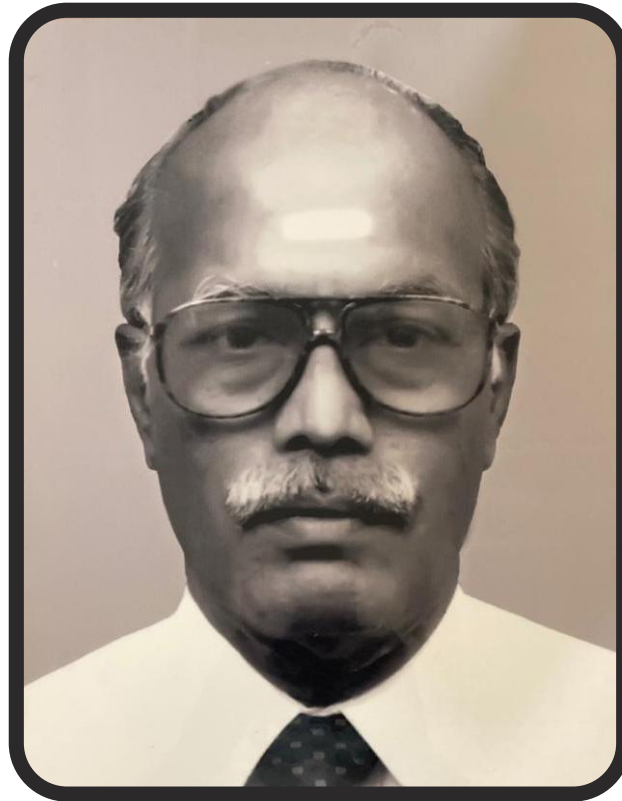
Edition: I

Editor: Dr. Kannan.R

Co-Editor: Dr. Vimalambiga & Dr. Arun Kumar



## ALWAYS IN OUR HEARTS



## Prof. C.K.DHANASEKARAN

*The father of Oral and Maxillofacial Surgery in South India.  
A daring Maxillofacial Surgeon and caring human with an  
unquenched passion for teaching.*

Prof. Dr.C.K. Dhanasekaran. The father of Oral and maxillofacial surgery in South India, a great teacher who dedicated his entire life for the well-being of the students and our fraternity. As a mentor he has guided more than thousand students and countless oral surgeons. His passion towards the field, care towards the patients, commitment towards teaching is immense, made him a legend. The man who redefined and gave new phase for oral and maxillofacial surgery in India. Though he is no more with us, he will continue to live amongst us by inspiring the upcoming generation. It's an end of an ERA!!!! His legacy will live forever. May the departed soul rest in peace.



## ASSOCIATION OF ORAL & MAXILLOFACIAL SURGEONS OF INDIA TAMILNADU & PUDUCHERRY BRANCH

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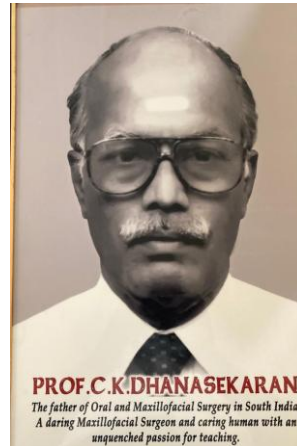
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### HEARTFELT CONDOLENCES



**Prof. Dr. C.K. Dhanashekaran aka CKD** is no more! A legend has passed on! The man that he was and the passion with which he did his work in the field of maxillofacial surgery is well known! His legacy will continue to influence society through his numerous students and mentees who directly or indirectly learnt the skill of maxillofacial surgery. His work and his passion to teach has constantly inspired many of us, young and old to aspire to be our best. He has bid his final farewell to us all on the most important day of our specialty – **Feb 13<sup>th</sup>, 2021**. He seemed to want his passing away from this existence, to be a celebration! Every year as we celebrate the International Oral and Maxillofacial Surgeons Day, we will be celebrating the life of this great Maxillofacial Surgeon! The Association of Oral and Maxillofacial Surgeons – Tamilnadu and Pondicherry chapter salute **Prof.Dr.C.K.Dhanashekaran**.

May his soul rest in peace.

Dr. Reena John  
President

Dr. S. Jimson  
Hon. State Secretary

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CKD

It's with profound grief and sadness I record the demise of a doyen of oral and maxillofacial surgery. My association with prof CKD goes back to my undergraduate days. It's a personal loss to me, who was not only my mentor but also a friend, philosopher and guide. He was the most inspiring and dedicated teacher. He had a flair for teaching. He knew his topic well and would try any new surgical procedure given in the literature. He was a very upright person and a great human being. He will remain in our hearts and thoughts forever.

We pray God Almighty for his soul to rest in peace.

***Mirza F Baig***

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Dr CK Dhansekharan was an inspirational figure who has touched the professional careers of numerous maxillofacial surgeons in India. He was a trail blazer for the young speciality in the 1960s and set the bar of achievement at a very high level. He will be remembered with awe and respect by the fraternity for his immense contribution to Oral and Maxillofacial Surgery.

***Dr. George Paul***

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The demise of Prof. C. K. Dhanasekaran on this significant day, is a sad irony. On a day when we celebrate our profession we have lost a stalwart. Known to everyone as CKD, he was more than anything else in this world. For me, it is a big personal loss as he looked at me as a son. He was the one who advised me to practise in Madurai, where I could shine well. His words had been prophetic. I will miss him but he will always remain inside me. He was a noble soul who depended more on his compassion, expertise and skill more than technology. May God give him eternal rest and the maxillo facial family the strength to overcome this grief.

***Dr S Prabhu***

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Prof. CKD, Always been a source of inspiration for me.. I have seen the thoroughly professional and ethical side of him in several instances.....kept the patient's interest as the centre point of professional care...surely a role model for all Maxfax surgeons.

***Dr. Gunaseelan Rajan***

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Sir was my Mentor. It was a shocking to hear that he has left us. It is a great loss for me as well as to our entire profession. I don't have words to express my feelings.

***Professor M R Muthusekhar***

Professor CKD is considered as father of Modern Oral surgery. Dynamic surgeon, flamboyant and stylish with impeccable knowledge in surgical anatomy and basics. He was instrumental in setting up the department and introducing contemporary surgeries to his students of that time. He has trained many oral surgeons and some of them were our teachers. In a way he touched all our lives and given face to our Facial surgery speciality. My deepest condolences to his bereaved family.

**Dr Veerabahu,**  
President, AOMSI

Prof. Dr. C. K. Dhanasekaran has passed on. He will be remembered as a legend who has left behind a great legacy by the number of maxillofacial surgeons he has trained to excel in their work and impact humanity. On behalf of the Association of oral and maxillofacial surgeons Tamilnadu and Pondicherry chapter, we express our heartfelt condolences to his loved ones. May his soul rest in peace.

**Dr Reena John**  
President, Tamilnadu & Pandy chapter of AOMSI

“ஒரு சகாப்தம் - சிகேடி”

Dr. C K Danasekaran தமிழ்நாட்டின் வாய் மற்றும் தாடை அறுவை சிகிச்சை நிபுணர்களின் தந்தையாகக் கருதப்படும் இவர் தமிழ்நாட்டில் பல் அறுவை சிகிச்சையில் ஒரு சகாப்தத்தை உருவாக்கியவர். அவர் செய்த சாதனைகளையும் அவர் போதித்த மாணவர்களின் சாதனைகளையும் ஏட்டில் எழுத முடியாது. இன்று வாய் மற்றும் தாடை அறுவை சிகிச்சை ஒரு உயர்ந்த நிலையை அடைவதற்கும், மக்களிடையே விழிப்புணர்வு ஏற்படுவதற்கும் தன் வாழ்நாள் முழுவதையும் அர்ப்பணித்து, அதற்காக பாடுபட்டு, இன்று வாய் மற்றும் தாடை அறுவை சிகிச்சை நிபுணர்களின் தினத்தன்று இயற்கை எய்திய Dr. C K தனசேகர் ஒரு சகாப்தம். தான் கற்றுக்கொடுத்த கலை இருக்கும்வரை அழிவில்லா ஆன்மா. எங்களோடு என்றென்றும் வாழ்ந்துகொண்டிருக்கும் உணர்வு.

**Dr. Annamalai Thangavelu**

PROF CKD inspired a generation of dentists and surgeons., to have placed the profession in its heights ...we are eternally thankful!

**Professor Dr M S Senthilkumar,**  
CBE OMFS, student of CKD

# REMEMBERING THE LEGEND

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**There will be a virtual Condolence meeting on Zoom on 21st February at 11.00 AM to pay our tributes to the legend CKD sir.**

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Dr. Reena Rachel John

## **HON. STATE SECRETARY**

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Dr. Senthil Moorthy | Zone - 2 : Madurai

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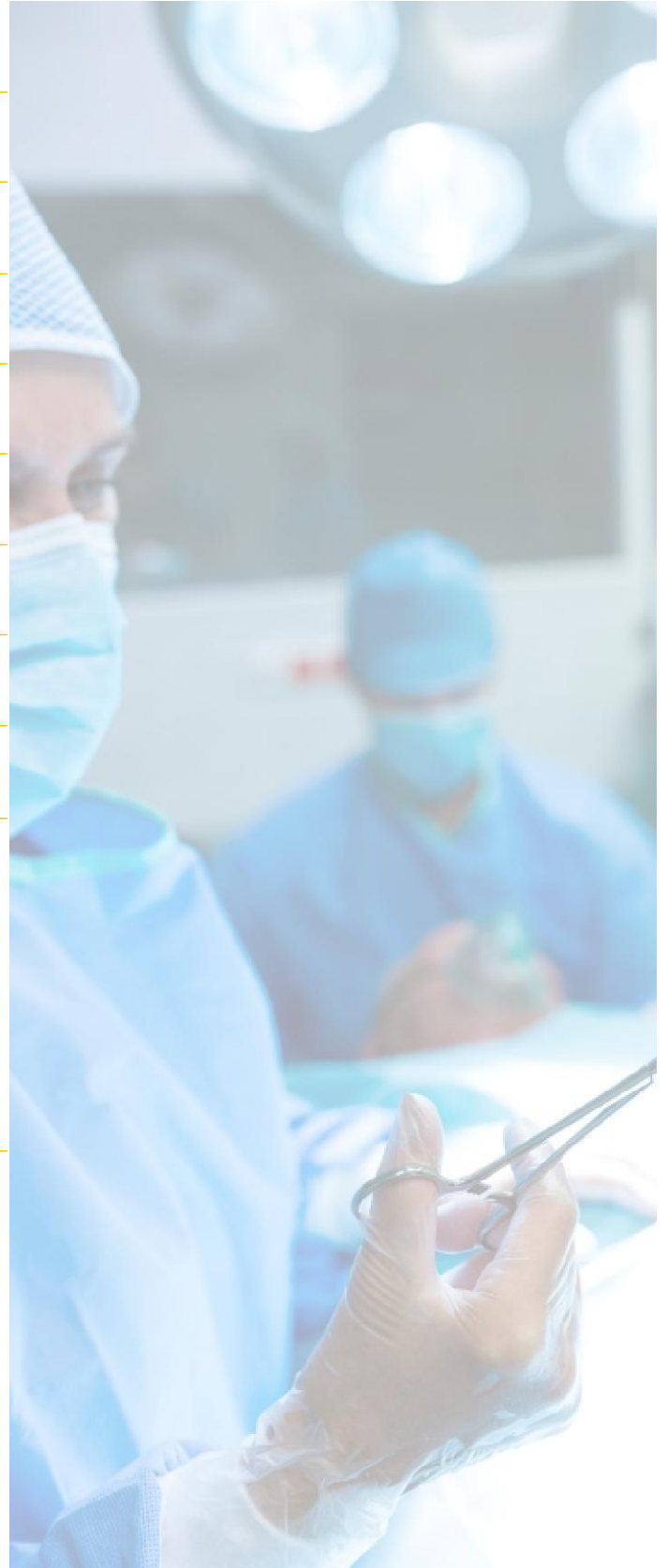
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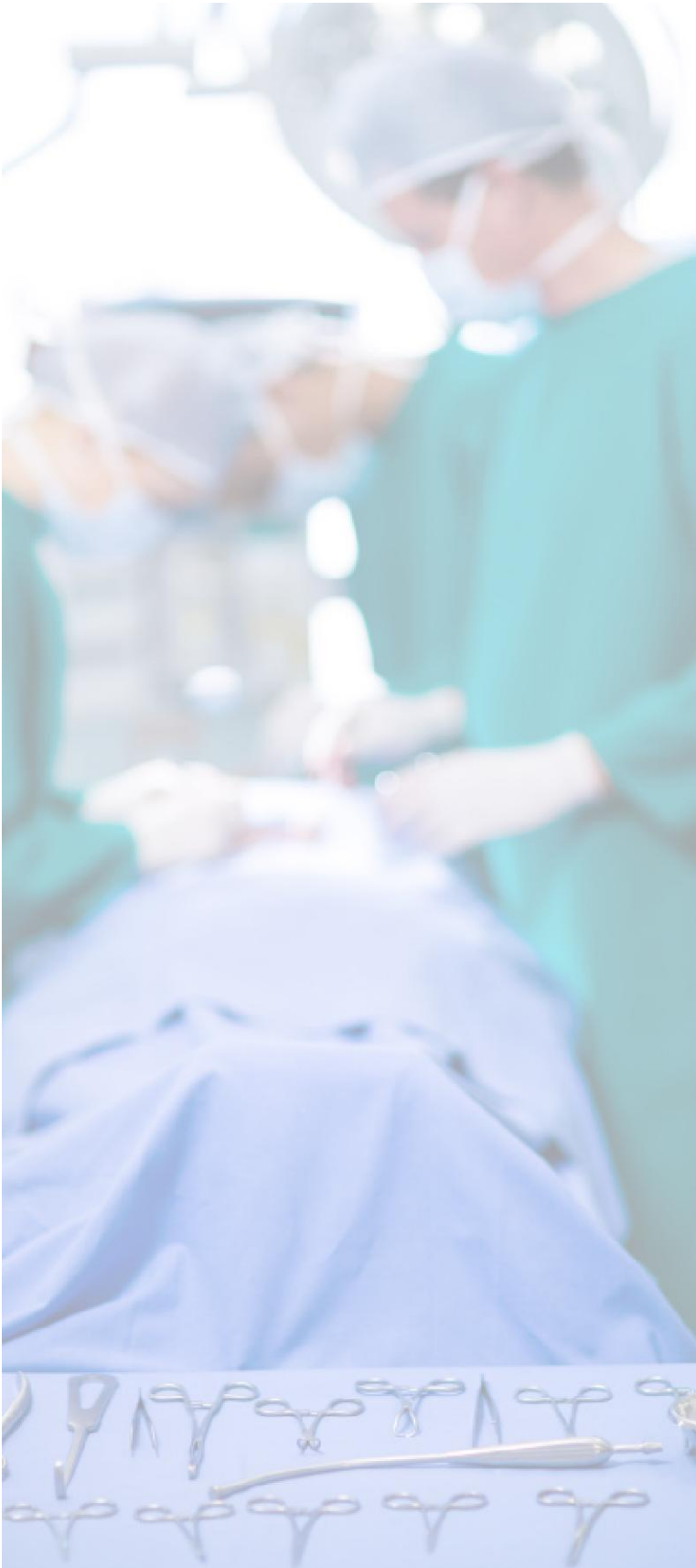
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**Dr. Samiran Ghosh**

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**Dr. Rishi Bali**

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## **HON. TREASURER**

**Dr. Pramod Subash**

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## **IAOMS REPRESENTATIVE**

**Dr. Gosla Srinivasa Reddy**

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## **REPRESENTATIVE TO AAOMS**

**Dr. Ashish Gupta**





## PRESIDENT'S NOTE

*Dear colleagues*

Indeed it is heartening to note that Aomsi , Tamilnadu state branch is coming out with the an issue of news letter for this year highlighting the activities happened in the last year. Though we were all homebound due to the pandemic there were continuous education delivered through virtual platforms thanks to our dynamic secretary Dr Jimson under the leadership of Dr Reena John.

I am sure with vaccines around and possibility of herd immunity developing we would be able to meet in the physical conference this year.

I wish you all the very best and stay safe.

**Dr. Veerabahu. M.**  
President, AOMSI



## SECRETARY'S NOTE

I am extremely happy and delighted to write to all of you through the Newsletter of the AOMSI, TN & Puducherry branch.

Because of the Covid pandemic, it was not a great year for us all, but happy to see the AOMSI TN and Puducherry branch successfully organize several webinars covering various important topics for our fraternity. I have to thank all the state branch members for their tireless efforts and their exemplary teamwork in delivering the programmes.

My best wishes to the editor and his editorial staff of the newsletter and I look forward to the forthcoming editions.

***Dr. Pritham N Shetty***  
Hon. General Secretary, AOMSI



## PRESIDENT'S NOTE

Greetings dear colleagues,

Wish you all a safe and healthy New Year!

It's a privilege to pen a few words on our Newsletter 'Surge'. We are all aware that the purpose of a newsletter is a means of communication. With the last year '2020' being an unprecedented one with none of us prepared to meet the effects of such a pandemic and still trying to comprehend how to deal with it one would have expected nothing to have happened in our association. But keeping with the name of our Newsletter, it is with great pride that we can look back at the last year and say that we have had a very useful year. My salutations to the numerous national and international maxillofacial surgeons and other medical colleagues who spared their precious time and shared their knowledge and experience with us. All this was possible due to the meticulous planning and execution of the webinars by our Hon. Sec Prof. Dr. Jimson along with his efficient and committed team - Dr. Suresh Kumar, Dr. Elavenil, Dr. Madhulaxmi, Dr. Vimalambigai, Dr. Arun along with the team Stryker. The constant participation of large number of attendees from all over the globe was encouraging with great feedback. What could have been a depressing year turned out to be a promising year with hope and a lot of camaraderie amongst our fraternity!

It is obvious that Maxillofacial Surgeons have great survivor spirit and we can indeed succeed if we understand and learn to work as teams which will result in an outcome that is satisfactory and exemplary. This is the best way to promote our speciality!

I congratulate the entire team of TNAOMSI for the way we surged onto year 2021. I wish the editorial team all the very best on this issue of our Newsletter.

**Dr. Reena Rachel John**  
President, TNAOMSI



## SECRETARY'S NOTE

Dear friends and colleagues,

It gives me immense pleasure to greet you all on “ORAL AND MAXILLOFACIAL SURGEONS DAY”.

Our state branch has come a long way since its inception in 2005. Our seniors have provided us with a great platform and impetus to build on. We take pride in making our branch beneficial to the trainees and young consultants by reaching out to them through the digital media in webinars, symposiums and quizzes during these Covid - 19 times.

Guess, we have crossed the most turbulent phase of Covid 19 and have come out with minimum collateral damage.

I thank Dr. Reena John, President, AOMSI - TN and Puducherry branch, members of the executive committee, and our branch members. They have contributed to the success of the webinars. I would also thank Dr. Veerabahu, President, AOMSI, Dr. Pritham Shetty, Honorary General Secretary, AOMSI, Presidents and Honorary State Secretaries of other State branches.

Also, would like to thank all the Heads of the department of Oral and Maxillofacial Surgery all over INDIA for allowing their trainees to participate in “ASK YOUR MENTOR” program and the webinars. Association would like to thank “Stryker” for their continued support for the programs and our branch.

These programs wouldn't be possible without the contribution from the speakers, panelists and moderators from the State, National and International Oral and Maxillofacial community.

Let us work and help each other, progress and march forward as Maxillofacial society to serve the community.

**Dr. S. Jimson**

Honorary State Secretary, TNAOMSI



## EDITOR'S NOTE

Dear colleagues,

Hope everyone is doing well. We lost almost year of activity due to the pandemic COVID 19. During the pandemic when every one of us was homebound, our state chapter under the able guidance of our Secretary Dr Jimson and President Dr Reena engaged us by the way of Webinars and Maxfax talks. We did not have any newsletter during the period and we are back at it with the release of the 4<sup>th</sup> Newsletter of our State Chapter. I must thank my colleagues for their response in sending the required articles. I must mention Dr Vimalambiga, Consultant maxillofacial Surgeon, Ganga Hospitals, Coimbatore, for helping in editing our Newsletter. Hope the pandemic situation eases out and we all meet at Salem with the 5<sup>th</sup> edition of our newsletter.

*Happy Oral & Maxillo Facial Surgeons Day*

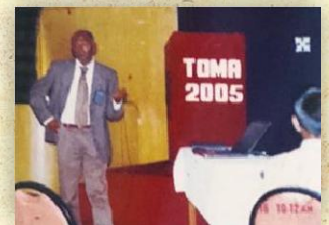
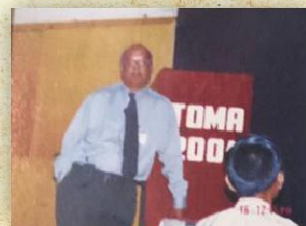
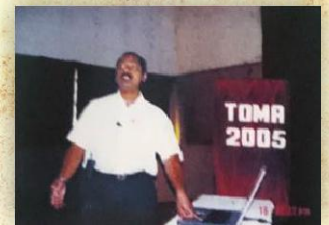
**Dr. R. Kannan**  
Editor, TNAOMSI



## MILES WE CROSSED ...

Greetings to AOMSI Tamil Nadu & Pondicherry Chapter Executive Committee, headed by Dr. Reena and Dr. Jimson. The Executives have done a splendorous service to its members in spite of the fact that the Association was handicapped by the pandemic. I am very delighted to share the details regarding the development of our State chapter of AOMSI with you. It was Dr. George Paul as Secretary and myself as the editor of AOMSI with Dr. Janakaraj Sabharwal on the chair who initiated the idea of starting the state chapters. As per request and Instruction by Dr. George Paul, we desired to be the first state to affiliate to the head office. We got the required permission followed by which myself and Dr. George Paul started the first affiliated state chapter on the 16th and 17th April 2005 at Yercaud with our funds as "TOMA" 2005. We carried the momentum forward by hosting successful conferences and AGM in the following year 2006 at Kodaikanal and later at Ooty and Chennai. There was a gap and neither conference nor AGM was held. We agreed to change the name from "TOMA" to "Tamil Nadu and Pondicherry Chapter of AOMSI" following which a conference named REVIVAL and AGM was organized at Madurai in 2012. The functioning of our State Chapter is perpetual from then and is full-fledged now. I feel honoured to be one of the founders of our State chapter and thrilled to see many youngsters who have taken up and do a sensational service in parting the Knowledge and advancements in Oral and Maxillofacial Surgery to the new and upcoming surgeons and the trainees. It is gratifying to the body and myself to see the team, headed by Dr. Reena and Dr. Jimson, has shown the way how a forum should function and setting a benchmark to other branches. I wish the members of the association a good luck. I would like to meet everyone responsible for this success in the 9th state conference at Salem, which will be the 14th conference of this chapter. Not only does it train the members, it has not failed to recognise the senior members by honouring them with achievement awards.

**Dr. Prabhu**





Association of Oral & Maxillofacial Surgeons of India  
(Tamil Nadu & Puducherry Branch)

In support with



Maxfaxtalk

COVID 19, the Pandemic literally affected every one of our routine but not our association. Our very own State chapter of AOMSI is doing a stupendous job by organizing Webinars and Ask your Mentors programme almost every week throughout the Lockdown. Appreciation should go to Dr Suresh, Dr Senthilmoorthy, Dr Ilavenil and Dr Madhulakshmi for being the Backbone of the programme. All the sessions were well attended by participants from all over the Nation. Here is the list of sessions with the panelist and number of attendees.



Date	Topic	Moderators	Speakers/Faculties	Participants
7-Jun	Management of Midface Fractures-Zygoma &Maxilla	Dr.Emmanuel Sargunam.A Dr. Dhinesh Kumar.N	Dr.Krishna Kumar Raja V.B. Dr.Arun Kumar.K	295
14-Jun	Decision making & Best Practices In Orbital Fractures	Dr. Vivek Narayanan Dr. Kannan Balraman	Dr. Anantanarayanan P. Dr.Krishnan B.	264
21-Jun	Overcoming Challenges In Mandibular Fractures	Dr. L. Deepanandan Dr.Senthilnathan P.	Dr. Venkadasalapathi N. Dr. Asok Ramadorai	285
28-Jun	Condyle Fracture Lockdown: Open Or Close	Dr. S. Shanmugam Sundaram Dr.A.Thangavelu	Dr.R.Manikandan Dr.S.RamKumar	286
05-Jul	Soft tissue analysis vs Hard tissue analysis-Which is more apt for the OGS planning? Conventional Planning Vs Virtual Planning for OGS	Dr. V.Sathyabama Dr. John Nesan	Dr.Bala Guhan Dr.B. Vikraman	264
13-Jul	Bi-Jaw OGS for Symmetric Patients Bi-Jaw OGS for Special Cases (Cleft Asymmetry,OSA,etc.,)	Dr.Thomas Zachariah Dr.Saumya Tripathi	Dr.P.Suresh Kumar Dr.Sunil Richardson	238
26-Jul	Complications and Prevention in OGS. Peri Operative Management & Medicolegal Considerations.	Dr.Srivasta Kengasubbiah	Dr. M. Raj Mohan Dr. P. Jagan Babu	264

Date	Topic	Moderators	Speakers/Faculties	Participants
02-Aug	Secondary traumatic deformities of mandible- Management Options	Dr.Sonal Anchila	Dr. Paul Sambrook Dr. Abhay Kamath Dr. Vivek Narayanan Dr. K. Arun Kumar	275
09-Aug	Traumatic Secondary Deformities of Midface& NOE	Dr.Oommen Aju Jacob	Dr. Anthony Lynham Dr. (col) Suresh Menon Dr. Shankar Mohan Dr. Emmanuel Azariah	287
16-Aug	Secondary Deformities -Orbit	Dr. Pramod Subash	Dr. Anantanarayanan Dr.Praveen Ganesh Dr.Thomas Zachariah	268
23-Aug	Maxfax Challenge -Quiz for PG Trainees		Dr.Elavenil.P Dr.Madhulaxmi.M Dr.Vimalambigai.R	750
30-Aug	TMD Web Conference		Dr.Louis G Mercuri Dr.Gary Warburton Dr.Sanjay Pinto Brig (Dr.)S.K. Roy Chowdhury Dr.Chethan Hegde Dr.Nehal Patel Dr.Vishal Bansal Dr.Aishwarya Nair Dr.S.Jimson Dr.Vandana Shenoy	710
06-Sep	Diagnosis & Treatment Planning in Oral Cancer	Dr. Subhra Chauhan	Dr.Prof.Joseph I Helman Dr.V.Balsundarm Dr.Shobhana Sekar Dr.Mahathi Neralla	285
13-Sep	Principles of Neck Node Dissection	Dr.Sanjeev Nair	Dr.Moni A. Kuriakose Dr.Suren Krishnan Dr.Mathan Mohan Dr.Abhinan Potturi	256
20-Sep	Micro Reconstruction for Macro Issues	Dr. M.Senthilmurugan	Dr. James Badlani Dr.Siddhartha Chakraborty Dr.Shakti S Debora Dr.G.Lakshmi Narayana	272



Date	Topic	Moderators	Speakers/Faculties	Participants
27-Sep	Principles of Ablative Oral and Maxillofacial Cancer Surgery	Dr. Rahul Thakkur	Dr. Andrew Cheng Dr. Reena John Dr. Pratheep J Dr. Elengkumaran	258
08-Nov	Non Surgical Cosmetic Procedures for the Face	Dr. Anisha Maria	Dr. Arun Panda Dr. Mannu Prasad. S Dr. Yaser Arafat Dr. Sapna Vadera	246
15-Nov	Esthetic Surgery Of the Face	Dr. Sainath Matsa	Dr. David Tauro Dr. Darryl Coombes Dr. Sreedhar Reddy Pothula	234
21-Nov	Max-Fax Challenge II Preliminary round		Dr. Elavenil.P Dr. Madhulaxmi.M Dr. Vimalambigai.R	40 Teams
28-Nov	Max-Fax Challenge II Final round		Dr. Elavenil.P Dr. Madhulaxmi.M Dr. Vimalambigai.R	
29-Nov	OOO Symposium On Cysts of Maxillofacial Skeleton	Dr. Kavitha Dr. Prathiba Dr. Nalini Aswath	Dr. Prof. George Paul Dr. Selvam Thavaraj Dr. Kandy Ganesan Miss. Bhagyalakshmi Batchu Dr. Sukhpreet Singh Dubb Mr. Mital Patel	550
06-Dec	Primary Care for Cleft lip and Palate Patients	Dr. Krishnamurthy Bonanthaya	Dr. Abhilasha Yadav Dr. Varun Menon Dr. Sneha Pendem Dr. Pasupathy	245
13-Dec	Secondary Care for Cleft Patients	Dr. Mustafa K	Dr. M. Veerabahu Dr. NR Krishnasamy Dr. Pritham Shetty Dr. Jaideep S. Chauhan Dr. Shreyasi Tiwari	264
20-Dec	Craniofacial syndromes- the diagnosis and treatment planning	Dr. Pramod Subash	Dr. Andrew Heggie Dr. Sherry Peter Dr. Fridaus Hariri Dr. Praveen Ganesh	278

Date	Topic	Moderators	Speakers/Faculties	Participants
27-Dec	Role of Distraction in Craniofacial Anomalies	Dr. Manikandan Dr. Jocelyn Shand	Dr. Anantnarayanan Dr. Virkam Shetty Dr. Soban Mishra Dr. Suresh Veeramani	350
03-Jan	Complications in Facial Trauma	Dr. Vivek Narayanan Dr. Paul Sambrook	Dr. S. Prabhu Dr. Ashok Dabir Dr. Rajesh Dhirawani Dr. Vivek Vardhan Reddy	310
10-Jan	Complications in Facial Trauma The Gen X MaxFax	Dr. Pradeep Devadoss Dr. Senthil Moorthy	Dr. Alfred Lau Dr. Deepak. C Dr. Vimalambiga Dr. Ashi Chug Dr. Neha Agarwal	350
17-Jan	Complications in Facial Trauma Nurture the Future	Dr. Ramakrishna Shenoi	Dr. Bhagavandas Rai Dr. Manjunath Rai Dr. Deepti Simon Dr. S. Ram Kumar Dr. R. Kannan	365
24-Jan	Complications in Facial Trauma Peer Interact	Dr. Eleanil P Dr. Madhulaxmi	Dr. Andrew I Edwards Dr. Venkadasalapathy Dr. Vijayakumar Dr. Sumathi Dr. Bruno Mascrenhas Dr. Varsha Backiavathy	356
30 & 31 -Jan	8th Surgical Workshop and Student Convention	Dr. Sankarsan Chaudary Dr. P. Senthil Murugan Dr. Himanshu Soni Dr. M. Deepanjali Dr. Rohit Punga Dr. V. Deepak Dr. Thanvir Mohammad Niazi Dr. Mathew Jose	Dr. Guru Prasad Dr. G V V Giri Dr. Harish Dr. Lokesh	301



Date	Topic	Moderators	Speakers/Faculties	Participants
03-Jun	Local anaesthesia General anaesthesia / sedation	Dr. Reena John	Dr. Thanvir Mohammad Niazi Dr. Madhulaxmi	164
05-Jun	Surgical principles, Minor oral surgery	Dr. Abdul Wahab Dr. Pradeep Christopher	Dr. Deepak.C	168
08-Jun	Implantology Salivary glands & Maxillary sinus	Dr. Arun Kumar. K Dr. Naveen Kumar. J	Dr. Senthil Moorthy	172
10-Jun	Trauma-midface, upper face, mandible, Soft tissue Injuries	Dr. V.B. Krishna Kumar Raja Dr. Ravindran. C	Dr. Nathan. J. A	180
12-Jun	Orthognathic surgery, Distraction osteogenesis	Dr. Veerabahu. M Dr. Anantnarayanan. P	Dr. Srivatsa	174
15-Jun	Temporomandibular joint, Cysts & benign tumours	Dr. Muthusekar. M. R Dr. George Paul	Dr. B. Bala Guhan	168
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19-Jun	Cleft & craniofacial surgery	Dr. Manikandhan. R Dr. Sainath. M. V	Dr. Elavenil. P	180
22-Jun	Diagnostic investigations, Nerve injuries & Neuralgia	Dr. Vikraman.B Dr. Saravanan. C	Dr. M. Rekha	169
24-Jun	Infections, Osteomyelitis & Osteoradionecrosis Varied surgical modalities	Dr. Prasad.C Dr. Srinivasan.H	Dr. Kaneesh Karthik	163
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As we celebrated the Golden Jubilee of the AOMSI in December 2019, in Bengaluru, little did we all realise that the upcoming year will be a once in a century experience. Whether it's momentous, difficult, challenging, drastic or a disaster depends on an individual's experience but it's not the universal reality. Over the last decades we have always heard the term - "The world is flat." Though this was a statement from an economy point of view it never was true to its words till Covid - 19 hit. Covid-19 was a bolt from the blue and with its ability to mutate and revisit its turned the adage - Lightning doesn't strike twice - on its head. Nature journal in its editorial in Jan 2020 mentioned about Environmental super year expecting countries to come together to help establish

sustainable developmental goals with environmental protection but danger came from an entirely different angle. Epidemics have been identified and controlled effectively by governments and organisations, however with its ability to spread rapidly, an epidemic in one part of the world has grown into a year long and still continuing pandemic.

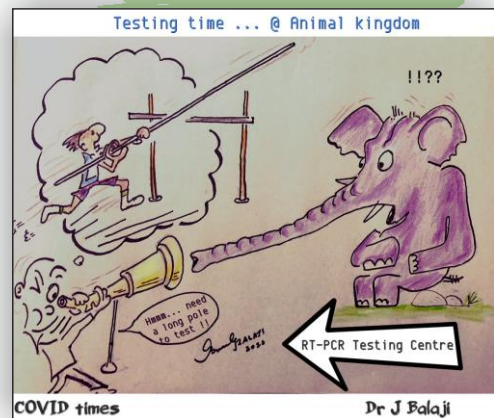
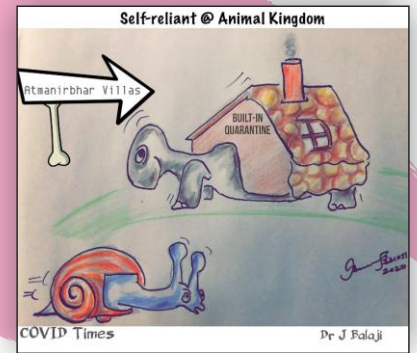
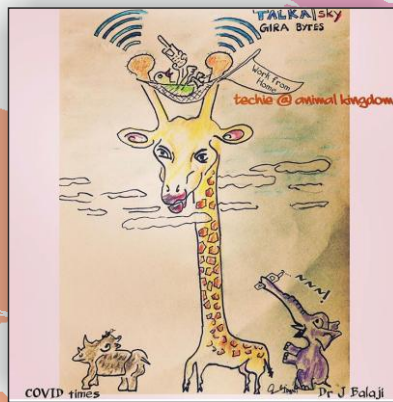
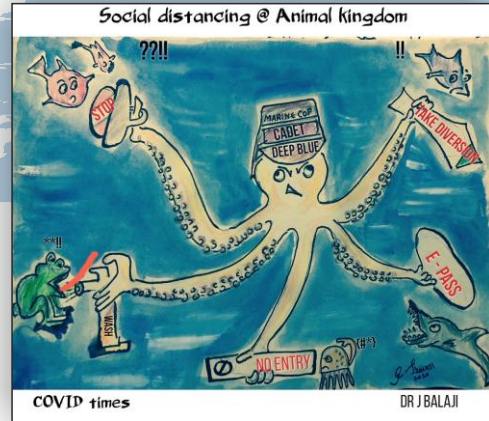
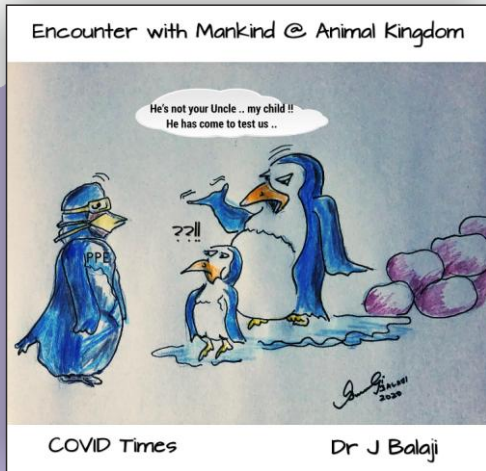
Though it caused lots of hardship and misery to people either from an economic or health point of view, the challenges posed brought out lots of positives which helped us tide over and sustain life as we know with some adjustments. As life returns back to normal albeit with some adjustments and alterations resulting in a new normal we can draw some lessons from the year gone.



- Impact on humanity due to seemingly innocuous actions can lead to devastating consequences.
- Capability to adapt and respond to challenges helps humanity survive and evolve
- If one doesn't adapt or change, he / she will left behind. Case in point to illustrate this is that of Merck - a world leader in vaccines till now doesn't have one to offer for Covid-19.
- Response of people can vary markedly ( nonchalance to paranoia) when facing a crisis like this.
- Collaboration amongst medical fraternity helps us manage issues and avoid repeating mistakes
- In a plethora of information being pushed - ability to notice and grasp essential and relevant information is key ( separating the wheat from the chaff).
- Being part of a profession which renders us more susceptible to the disease, it's imperative that we equip ourselves mentally, emotionally and physically to help us cope up the disease and continue to help and treat patients in the safest possible way ( akin to government buying protective equipment for troops)
- Being prepared is the next best thing to prevention - this has been illustrated by the countries like Vietnam, Taiwan, South Korea which have done a stupendous job in controlling the spread based on experience drawn from their previous epidemics.
- Digitisation has jumped up several notches and getting things done from home
- Most importantly thanks to the efforts of the Association, it was wonderful to interact with International and National faculty on the full spectrum of the speciality without spending a dime which before Covid was but a pipe dream.

All in all 2020 is not an unmitigated disaster as mentioned by many but a year which showed real resilience and collaboration amongst humanity apart from accelerating digitisation. Apart from family it also showed us how much we miss interaction amongst fellow Maxillofacial surgeons. Though we all zoomed into online meetings there's an increasing urge in us to look forward to the next direct in person meeting. Till then hope we all get vaccinated and stay healthy.

***Dr Kannan Balaraman***  
Consultant Maxillofacial Surgeon,  
Ganga Hospital, Coimbatore.



## I AM ENOUGH

In a world all set to race  
 And no time to be amazed.  
 At the great wonders in the small  
 Yet beautiful of them all.  
 Where more is the norm,  
 And Nothing seems enough,  
 I look gratefully at my form  
 And smile, yes I am enough!

Colour, shape and style  
 Has set us apart awhile.  
 From riches tirelessly amassed,  
 Innumerable honours awarded,  
 To Discriminate us with more left a wanted.  
 Yes, Nothing is enough  
 Though I am grateful I am enough.

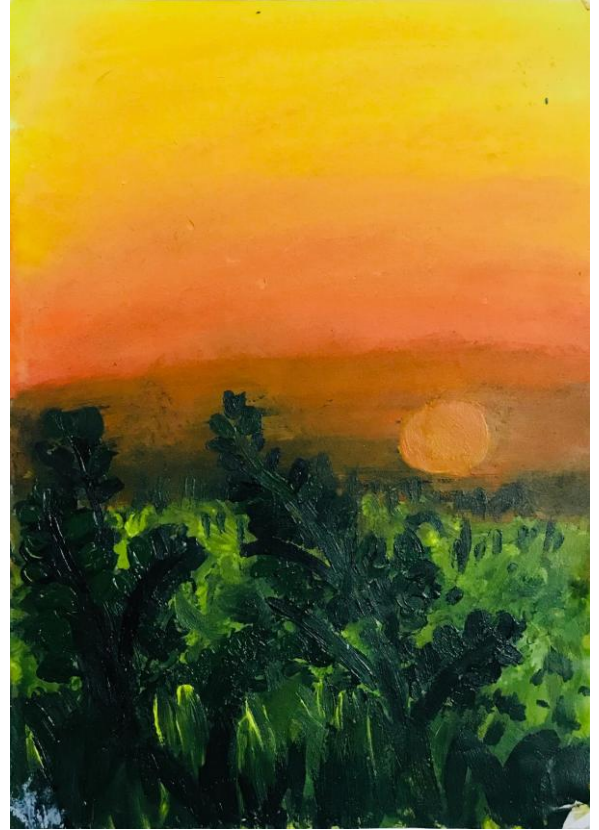
In this world of consumerism  
 Our subconscious minds confirm  
 Confidence is not enough  
 Beauty is not enough  
 Riches are not enough  
 Neither is the learning  
 More is the yearning  
 Yet Stress, the ultimate earning  
 Yes Stress the Ultimate earning!

Oh! To live life forgotten  
 That one chance at life and its joys forsaken  
 YOLO - the young ones'slogan!  
 And still , Enough isn't Enough  
 Let us chorus together 'I am enough'.

I can rise above the highest  
 And dive to the lowest  
 I - Created by the Almighty not to be in tatters  
 Yes, each "I" in this world matters  
 With God by my side, I am enough  
 Let it dawn that I am enough!

Leave this world I must  
 But not before I trust  
 Another "I" will fill my place  
 With equanimity and grace  
 I am enough to make a positive change!  
 Yes, I am enough for this great wide world!  
 As the grand ole man of my land once said  
 I aspire to be the change I wish to see in this world!

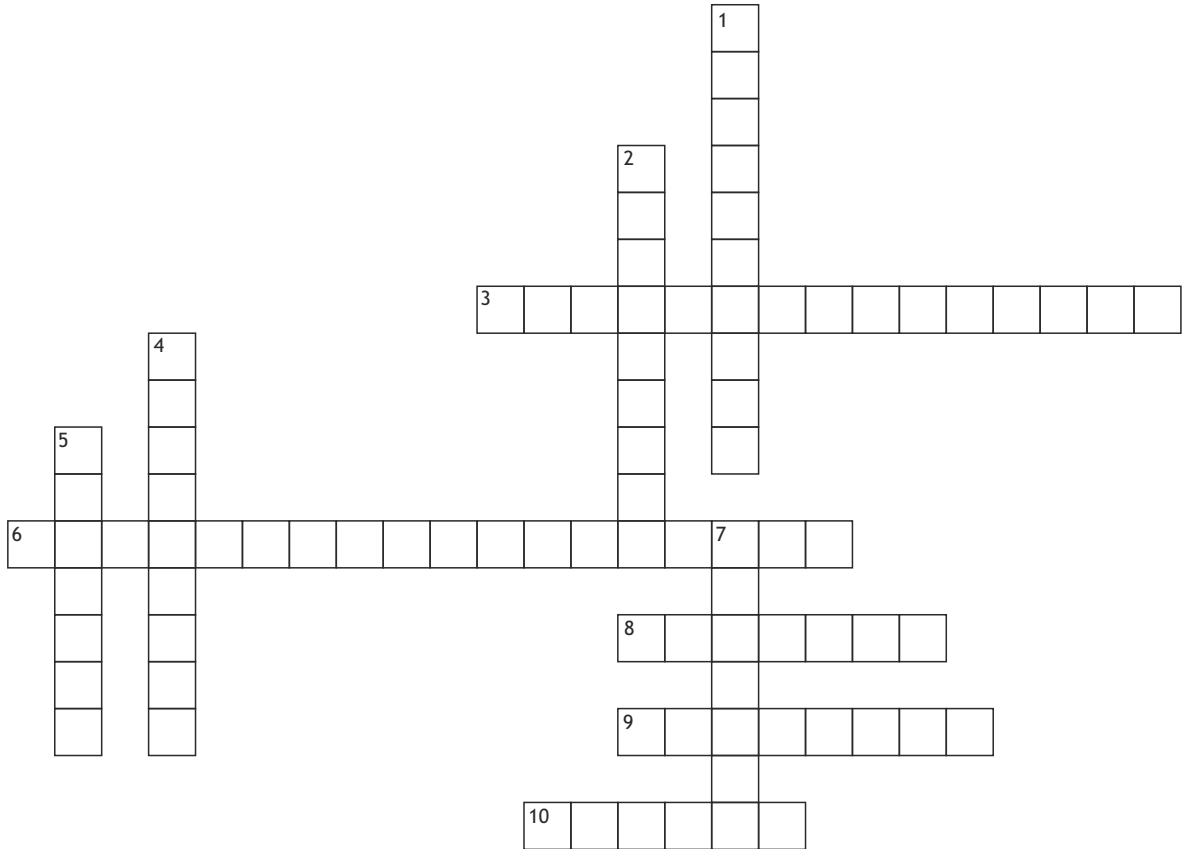
**Dr. REENA RACHEL JOHN**



**Dr. SOYA ALFRED XAVIER**



**Dr. MELITA JULIET J**



### Across

- 3. sleep study
- 6. isolated cleft palate surgery & OSAS
- 8. transpalatal advancement pharyngoplasty described by
- 9. this tongue position is useful in OSAHS score
- 10. facial dysmorphism syndrome

### Down

- 1. analgesis type use of oploid & non oploid drugs
- 2. mask airway most widely used supra glottic airway
- 4. principle collapse of laryngeal walls
- 5. predisposing factor for snoring
- 7. premier symptom of OSA

*Answers will be shared in the next edition*

Prepared by  
**Prof. Dr M S SENTHILKUMAR,**  
 SriRamakrishna Dental College, Coimbatore





# RISE '21

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